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And win a Sunday roast for two

*The Horseshoes Country Pub & Dining Room,
Horseshoe Hill, Upshire Village, Essex. EN9 3SN
01992 712745*

www.thehorseshoes-countrypub.co.uk
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STARTERS

Soup - mushroom & parsnip finished with truffle oil - bread	5.25
Whitebait - tartare sauce	5.50
Breaded Prawns - chilli dip	6.50
Prawn Cocktail - brown bread	6.50
Breaded Mushrooms - garlic mayonnaise	5.50
Deep Fried Brie - redcurrant sauce	6.50
Greek Salad - feta - tomato - lettuce - cucumber - olives - red onion - peppers	5.95
Smoked Salmon Salad - brown bread	7.50
Salt & Pepper Squid - chilli dip	6.50
½ Avocado - prawn OR crab mayonnaise - salad	7.50
Grilled Halloumi, Sun Dried Tomato, Lettuce, Cucumber, Avocado, Pepper, Olives & Onion Salad	7.95

ROASTS

	<i>Small</i>	<i>Med</i>	<i>Large</i>
Sirloin of Scottish Beef	14.95	19.95	22.95
Loin of English Pork with Stuffing	11.95	15.95	17.95
Leg of Welsh Lamb	12.95	17.95	20.95
Breast of English Turkey with Stuffing	11.95	14.95	17.95
Mixed Meat with Stuffing	X	19.95	24.95
Vegetarian Sausages with Vegetarian Gravy	9.95	11.95	13.95

All Served With Roast Potatoes, Yorkshire Pudding and Plenty of Vegetables

SPECIALS

Grilled Whole West Country Lemon Sole - salad - new potatoes / chips OR roast trimmings	18.50
Pan Fried Seabass Fillets - salad - new potatoes / chips OR roast trimmings	16.95
Grilled Skate Wing - salad - new potatoes / chips OR roast trimmings	17.50
Large King Prawns - garlic butter - salad - new potatoes OR chips	24.95
Grilled Cornish Sardines - salad - new potatoes OR chips	11.95
Steamed Scottish Mussels - in white wine, cream & parsley - chips - bread	12.95
Cajun Spiced Swordfish - tomato & onion salad - sweet potato fries - salsa	17.50
Dressed Cromer Crab - salad - new potatoes OR chips - mayonnaise	16.50
Beer Battered Cod - chips - garden OR mushy peas - homemade tartare sauce	12.50
Gammon Steak - tomatoes - mushrooms - 2 fried eggs - chips	10.95
½ Roast Chicken - salad - chips	12.50

*All our dishes are cooked to order and we do not sacrifice quality for time
We appreciate your understanding during busy times – Enjoy!*

** Please note we use all fresh ingredients and from time to time we may run out of menu items **

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Pub Classics

<i>The Horseshoes Ploughmans - Choose 3 from the following (extra items £1.95)</i>	10.95
<i>Turkey, Pork, Beef, Ham, Cheddar, Blue Cheese, Brie, Smoked Cheese, Feta, Halloumi, Prawns, Crab, Tuna, Smoked Salmon, Parma Ham, Avocado</i>	
<i>All Served with Salad, Grapes, Celery, Baguette & Pickles</i>	
Carved Ham, 2 Free Range Eggs & Chips	9.95
Breaded Wholetail Scampi, Tartare Sauce, Salad <i>OR</i> Peas & Chips	8.95
Lincolnshire Sausages <i>OR</i> Vegetarian Sausages - mash - onion gravy	8.95
Baguettes - Served with Salad & Crisps	
Beef, Pork, Lamb or Turkey	6.95
Mature Cheddar Cheese & Cucumber	4.95
Smoked Salmon	5.95
Tuna Mayonnaise	5.25
Carved Ham	5.25
Crab Mayonnaise Salad	6.25
Prawn Marie Rose	5.95
Chips	1.95
Cheesy Chips	2.50
Desserts - Served with your choice of Cream, Ice Cream or Custard	5.50
Iced Bakewell Tart	
Honeycomb Cheesecake	
Pecan Pie	
Chocolate Fudge Cake	
Lemon Meringue	
Syrup Sponge	
Ice Creams - Vanilla, Chocolate, Mint Choc Chip, Honeycomb or Strawberry	
Choice of Toppings - Chocolate, strawberry or toffee sauce- mini marshmallows- sprinkles- flake	3.50
Cheese & Biscuits	7.95

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